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Ultimate mind, body and spirit coaching for senior executives and management teams.

Leaders' Life Mastery Coaching[®]

Leaders' Life Mastery is a powerful coaching programme for leaders looking to develop their mind, body and spirit. Following 6 core stages, you will be taken on a journey of self reflection, realisation and revelation, to discover your permanent personal pathway to a life of true balance and fulfilment.

The power of WISDOM[®]

Central to Leaders' Life Mastery Coaching is the theme of authenticity. The WISDOM model is a powerful tool designed to guide your experience and challenge you to examine every area of your life. By exploring each of the stages in turn, you will discover the secret to your happiness, contentment and success.



The 6 Stages of WISDOM

1. Workview and Wonder Workout

This places the challenges of leadership in the context of an Age where the ephemeral triumphs over the eternal. Until we look without flinching at our own, our wider and the whole picture we remain stuck.

2. Imagination and Inspiration

When we learn to see the limits that are placed upon us by our current assumptions we can overcome our beliefs that limit us about ourselves, those around us and the wider purpose of our world.

3. Surrender to Strength System

Until we confront the past we have pain in the present. True transformation requires purification of our heart and discarding that which denudes our true self.

4. Destiny Delivering Determinator

We ignore the law of balance at our peril; embracing its requirements and benefits we step out of our shadows into our Light.

5. Opening Ourselves Organiser

When we open our hearts fully we discover Love is not something to be sought or acquired but is what we truly are.

6. Mind Mastery Multiplier

As we transform and open our hearts fully there will be inevitable trials and tests along the way which we need to recognise and transcend. In this way we strive for ever more profound transformation of ourselves, our businesses and our world.



“Spirituality can produce better organisations and thus benefit society as a whole.....Effective leadership is multi disciplinary , involving not only those disciplines of sociology, psychology and technology but that of spirituality as well”

Dr Robert Burke, Former Program Director, Melbourne Business School.

KEY MESSAGES

Why Leaders' Life Mastery Coaching is important?

- Senior leaders are increasingly feeling isolated and lonely.
- Overcoming self doubt and inertia.
- Dealing with the perils of dangerous life/work imbalances.
- Struggling to find meaning and purpose.
- Dealing with the trials, tests and temptations in the sector.
- Pressure to differentiate ourselves and our brand.
- Battling with inner conflict in self image and values.

Why should I do it?

- Lasting sense of meaning and purpose in all areas of life.
- True self authenticity.
- Deep healthful self love.
- Discarding destructive habits and patterns of behaviour.
- Extinguishing fear and harmful self talk.
- Power of Connectedness and never feeling alone.
- Greater inner peace and serenity, abundance, joy and happiness.
- Strength in honouring AND expressing all emotions.
- Courage and openness in all relationships.
- True ethical foundation for all areas of life.

Praise for Suhail's work from the Recruitment World

"I love that I have in Suhail's platforms another place of refuge. Suhail most definitely encourages followers to truly go within to examine their consciousness. This can be uncomfortable but most certainly that is where my spiritual journey, enlightenment and awakening begins."

Wyn Duraes, Empresaria Group plc.

"Most coaches or mentors work with you to grow a successful career. Suhail works with you to build and create a successful and joy-filled life. I would recommend Suhail to anyone who is committed to becoming a high-performer in every area of their lives."

Helen Honiset, Former Vice President Pearson plc (Managed services).

"Suhail is an inspirational man and has strong values and a calmness that is infectious. He has an excellent coaching style, connecting with personal leadership and commercial challenges with ease."

Stewart McCoy, Chair REC (Education), Strategic Director, Randstad (Public Services).

"Leadership can at times be both lonely and challenging. Suhail's words offer thoughts, tips and ideas that can support our own personal and often unique journeys."

Yvette Cleland, CEO at Clinical Professionals & one of SIA's top 50 most powerful women in staffing globally.

"Suhail is a man of values and has a great spirit to see people be more than they believe they can be."

Nick Harrington, CEO at Eximius.

"One to one time with Suhail is always a pleasure, I find him very inspirational to be around and find he shares his experience and wisdom honestly with the intention of truly helping others to find their path on their spiritual journey"

Matthew Betteridge, Co-founder and CEO at OneCall 24.

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